

Event - IV

Health

Education

Talk

Activity Approval Format

Health Club

Date: 19-9-2019

Program: Health Education Talk

Need: Educate girls about menstrual hygiene & problem.

Objective: To motivate students to improve & maintain their health, prevent disease, & reduce risky behavior.

Content: Interactive session between the gynecologist & students to achieve the objective.

Resource Person: Dr.Ekta Saxena & Dr.Abha Sanghvi. (Gynecologist)

Date: 23-9-2019

Time: 12.00 p.m.

Venue: AV room

Cost/Budget: 110Rs.

Proposed By: Health Club



Verified By: _____


PRINCIPAL
Bunts Sangha's S.M. Shetty College
of Science, Commerce & Management Studies
Powai, Mumbai - 400 076
Tel. 022 - 6132 7352
Email : college@smshettyinstitute.in

Bunts Sangha's

S.M. Shetty College of Science, Commerce and Management Studies, Powai.

Minutes of the meeting

Health Club

Date: 16 /09/2019

Time: 11:00 ~~p.m.~~ a.m.

Following things were discussed in the meeting:-

The Health Club will organize a session for girls. The session will cover problems related to health issues, menstrual issues, etc, on 23/09/2019 (Monday) at 12 p.m in AV room.

Health Club In-charge:

Prof. Himani Shukla

Health Club Members:

Prof. Vinay Vilas Shahapurkar

Prof. Prachi Agarwal

Bunts Sangha's

S.M.Shetty College of Science, Commerce And Management Studies, Powai.

HEALTH CLUB

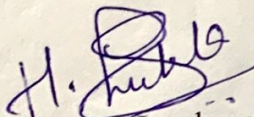
NOTICE

Date: 21/09/19

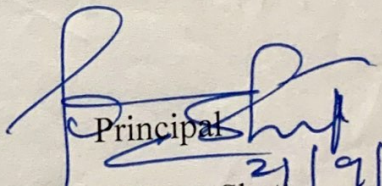
The Health Club in collaboration with Indian Medical Association and Matru Sneha Trust is organizing a "HEALTH EDUCATION TALK" on Menstrual Hygiene and Problems for female students on 23/09/2019 (Monday) at 12 p.m in Room.No 608.

All the students are invited for the same.

For further details contact Prof. Himani Shukla and Prof. Prachi Agarwal.


Health Club In-charge:

Prof. Himani Shukla


Principal
21/9/2019
Dr. Sridhara Shetty

Members:

- Prof. Vinay Vilas Shahapurkar
- Prof. Prachi Agarwal

**HEALTH CLUB
2019-2020**

Date: 23-September-2019

Event: Health Education Talk

Number of Students participated: 61

Report: The Health Club of S.M.Shetty College organized a session on Health Education Talk in collaboration with Matru Sneha Trust. The purpose of the session was to educate girls about the menstrual hygiene and menstrual problems. Dr. Ekta Saxena and Dr. Abha Sanghvi (Gynecologists), were the resource person for the session covering various topics like PCOD, causes of infertility, hormone cycle change, bio-degradable sanitary napkins, etc. The session concluded with question answer session where multiple doubts were solved by the doctors.

Health Club In-charge:

- Prof. Himani Shukla

Health Club Members:

- Prof. Vinay Vilas Shahapurkar
- Prof. Prachi Agarwal

Bunts Sangha's
S.M. Shetty College of Science, Commerce And Management Studies, Powai



Health Club

Date: 23-09-2019

Event: Health Education Talk

Sr. No	Name	Class	Sign
1	Karajgi Fatima	FYBBI	FA - me
2	Khan Jameela	FYBBI	Khan
3	Nidhi Shetty	FYBSc-ITA	Nidhi
4	Tooba Shaikh	FYBSc-ITA	Tooba
5	KIRTI MADAV	FYBSc-ITA	Kirti
6	Pranali Dalbanyan	FYBSc-IT-B	Pranali
7	Sakshi N. Shirke	FYBSc-ITA	Sakshi
8	Tashika Moolya	FYBSc-ITB	Tashika
9	Diksha Gowda	FYBSc-ITA	Diksha
10	Asiya Shaikh	FY.Bcom	Asiya
11	Nikita Jadhav	FY.Bcom	Nikita
12	Asmita Kate	FY.BScIT	Asmita
13	Tejas Harchande	FY.BScIT	Tejas
14	Prerna. Shinde.	FY.BScIT-B	Prerna
15	Siddhi Shete.	FY.BScIT-B	Siddhi
16	Shraddha Ghorad	F.Y. BScIT-B	Shraddha
17	Yugan Binnu	F.Y. BScITB	Yugan
18	Choudhary Rukhsana	F.Y. BScIT-B	Choudhary
19	Laxmi Maurya.	FYBScIT-B	Laxmi
20	Iram Shaikh	FYBScIT-B	Iram
21	Anam Siddique	FYBScIT-A	Anam
22	Aashi Padav	FY-IT(A)	Aashi
23	Shurki Jadhav	FY-ITCB)	Shurki
24	Almas Khan	FYB-IT(B)	Almas
25	Shasmita Nayak	FYBBI	Shasmita
26	Pratibha Singh	FYBSc-IT	Pratibha
27	Disha Rai	FYBSc-IT	Disha
28	AKSA. R.G. Rajan	FY.B.COM	AKSA
29	KHAN MISBA ABDUL GHAFFAR	F.Y.BCOM	MISBA
30	Shaikh Yasmeen Israe	F.Y.B.com	Yasmeen
31	patel Shamina Mashak	FYBScIT	Shamina
32	Khan Saira Anwarul	FYIT	Saira

33	Khan Afreen Anwar	SYIT	Adarsh
34	Neha Salunke	SYIT	Neha
35	Sharon Naundla	FYBSCIT-A	Sharon
36	Megha Pujari	FYBMS-A	megha
37	Jain Varsha	FYB.COM-B	Varsha
38	Sakshi Ashanbhag	FYB.COM-B	Peeta
39	Shrutika Shetty	FYB.COM-B	Shrutika
40	Ankita Maurya	FYBBI	Ankita
41	Pooja Gupta	FYBBI	Pooja
42	Swagta Jadhav	FYBBI	Swagta
43	Nandini Mahapatra	FYBSCIT	Nandini
44	Laxmi Gupta	FYBBI	Laxmi
45	Pranali Poojary	FYBBI	Pranali
46	Seena Gupta	FYBBI	Seena
47	Suparna Paw.	FYBBI	Suparna
48	Jyotika		
49	Aditi		
50	Shreya		
51	Neha		
52	Savita		
53	Anshika Vishwakarma	FYBBI	Anshika
54	Rajkhar Sonali	FYBBI	Rajkhar
55	Shweta Singh	FYBSCIT	Shweta
56	Anita Charles	FYBSCIT	Anita
57	Shimpi Gupta	FYBSCIT	Shimpi
58	Prachi Gokhale	FYBSCIT	Prachi
59	Purvi Manu	FYBSCIT	Purvi
60	Shahnaz Mida	FYBSCIT	Shahnaz
01	Pratik Patil	FYBSCIT	Pratik

Health Club In-charge

[Signature]



BUNTS SANGHA'S
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STUDIES
POWAI, MUMBAI - 4000076
NAAC ACCREDITED 'A' GRADE (First Cycle) & ISO 9001:2015
CERTIFIED

Health Club

Event: "Health Education Talk"

Date: 23-09-2019

Feedback Form

Please rate each area using the following scale	1 - Lowest		5 - Highest		
	1	2	3	4	5
Topic selected for the workshop			✓		
Contents covered under the topic			✓		
Choice of resource person			✓		
Arrangement of the Session			✓		

Other Suggestions/comments:

No, comments of this topics. But is Good.

Participant Name: KIRTI YADAV

Mobile Number: 7045863141

Class/Div: FYBSC(II)-A

Signature: Kirti



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	1	2	3	4	5
Topic selected for the workshop				✓4	5
Contents covered under the topic	1	2	3	4	✓5
Choice of resource person	1	2	3	✓4	5
Arrangement of the Session	1	2	3	✓4	5

Other Suggestions/comments:

It was good

Participant Name: Pranali Parashuram Dalbanjan.

Mobile Number: 9653657939

Class/Div: FYBSC - IT/B.

Signature:



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	1	2	3	4	5	1	2	3	4	5
Topic selected for the workshop										5
Contents covered under the topic										5
Choice of resource person										5
Arrangement of the Session										5

Other Suggestions/comments:

No Suggestion all good

Participant Name: Tashika Jay'a Moolya

Mobile Number: 9969743332

Class\Div: F.Y.I.B

Signature: Tashika M.



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Topic selected for the workshop	1	2	3	4	5	5
Contents covered under the topic	1	2	3	4	5	5
Choice of resource person	1	2	3	4	5	5
Arrangement of the Session	1	2	3	4	5	5

Other Suggestions/comments:

Great Seminar got to know so much about it.
Thank you.

Participant Name: Sakshi Shambhag

Mobile Number: _____

Class/Div: PYB.COM B

Signature: Peeta



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	1	2	3	4	5	1	2	3	4	5
Topic selected for the workshop										
Contents covered under the topic										
Choice of resource person										
Arrangement of the Session										

Other Suggestions/comments:

session was so good and got many
information about the menstruation cycle.
and this session was useful for us.

Participant Name: Khan Areen

Mobile Number: 9930791918

Class/Div: S4IT A

Signature: [Signature]

Action Taken Report

Date ÷ 23-9-2019

Event ÷ Health Education Talk.

ATR ÷ Based on the feedback received the Health club decided to conduct more such event (awareness program).

H. Prabhu